



Anugraha Sandesh

VOL. 4

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ERNAKULAM

DECEMBER 2006
(FOR PRIVATE CIRCULATION ONLY)

Inauguration of

Dr. NARMADA & DAYANAND KAMATH

Multipurpose Charitable Complex (NDMCC)

by

H.H. Sreemad Sudheendra Theertha Swamiji

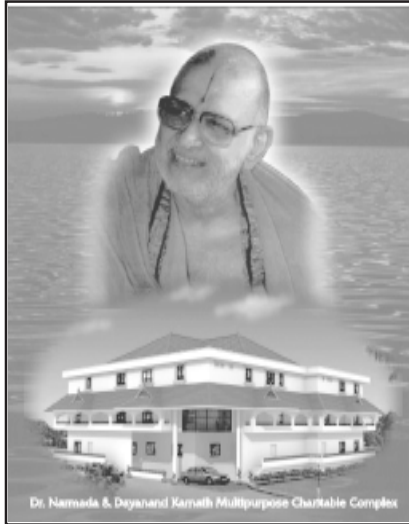
On 4th January 2007

11.00 A.M. : Grand Reception
infront of
T.D. Temple,
Karnakodam.

11.15 A.M. : Poornakumbam to
Swamiji at NDMCC

11.30 A.M. : Dwarapooja &
Lakshmipooja

12.00 P.M : Ashirvachan



01.00 p.m. : Swamiji leaves for
Ambalamedu

01.15 p.m. : Samaradhana at
T.D. Temple,
Karnakodam.

06.00 p.m. : Satyanarayana
Pooja

08.00 p.m. : Distribution of
Prasadam &
Refreshments

P.S.- Free transport available upto nearest boarding points after 8.00 p.m.



December 2004 Marshy land
at Karnakodam



05.05.05 - Sri S. Prabhakar Prabhu,
Patron, laying the foundation stone



October 2006-building nearing
completion

EDITORIAL _____

What is leadership? It is a combination of various traits and qualities imbibed by a person to become a leader. Let us examine a few of these attributes:

- Ability to motivate.
- Ability to analyse and understand.
- Ability to communicate effectively
- Ability to listen others
- Readiness to share knowledge
- Readiness to learn from others
- Ability to teach
- Good orator
- Honesty/Integrity to the followers
- Positive mind and attitude
- Benevolent, sympathetic and merciful to the fellow beings
- Ability to control emotions and be rational in approach
- Well educated and intelligent
- Above all good personality

The leader must be able to understand the needs and aspirations of his group (Followers) he represents. He, then emerges from within the group, Community, Society, Religion or whosoever he or she is going to represent / lead. A leader must be effective and successful in the effort to achieve results or target / goals.

On the contrary in a military setup, one is made to lead by virtue of his power, position, achievements or even by the educational qualifications. We label them as **autocratic leaders**. They enforce under their command merely by orders. A democratic leader is preferable and desirable in a social setup. A community leader is also no exception to this rule. Or else the fear or groupism surfacing and resulting in dissention. Such leaders sometimes then become ineffective and are opted out. So, they need to know the consensus of the group members and act accordingly.

Today our Gowda Saraswath Brahmin Community too, stands at cross roads. Are we not in a dilemma, when faced with many a socio-economic issue/ problem? We need a strong/bold leadership to take up challenges, guidance for tackling such problems and come out winning. A sense of belongingness must be brought about. All of us must feel proud as Gowda Saraswath Brahmins and thus our leadership too can derive strength and be ascertaining in the comity of other communities/social set up.

N R R Pai

PRESIDENT'S DESK _____

I am immensely happy to inform you that yet another dream is coming true on Thursday, 4th January 2007 when H.H. Sreemad Sudhindra Theertha Swamiji will be stepping in, with his lotus feet in Dr. Narmada and Dayanand Kamath Multipurpose Charitable Complex (NDMCC) at Karnakodam.

It was never expected, that the Trust will have a 28000 sq.ft. complex, when we adopted two mentally challenged women way back in October 2003. They were then in an orphanage run by a non GSB community. They got rehabilitated along with their 70 year old mother in a small house provided by Sree Sudheendra Medical Mission. In due course, three more children from Alleppey were adopted by the Trust. Late Dayanand Kamath had visited this family when he came to inaugurate Dr.Narmada and Dayanand Kamath Senior Citizens' Home in September 2003. Alas! Kamathmam left us for the abode of God in September 2003, but prepared a Will enumerating his wish. What a wish it was! He explicitly identified the core areas to be prioritised based on survey conducted by the Trust. That included schemes such as Annadanam, Self employment, Care for mentally and physically challenged, Medical support to critically ill and Shelter for those who did not have a roof over their head and living in way side shacks. He also identified the best available resource person to put this vision in place in Sri. S. Prabhakar Prabhu an embodiment of truth, sincerity and commitment.

We are indeed grateful and at the same time fortunate to have patronage and guidance from Sri. Prabhakarmam, abinitio.

The Karnakodam project to be inaugurated by our Swamiji, has the following salient features:-

- Located at the upcoming nerve Centre of the City.
- Proximity to M G Road, Kaloor, Kadavanthara, Vyttila, Palarivattom and the National Highway Bypass.
- Adjacent to Karnakodam T D Temple.
- Well planned three storeyed building with a cellar to park 30 Vehicles.

Trust Activities

1. Dr.Narmada & Dayanand Kamath Senior Citizens' Home, Ernakulam

Senior Citizens' forum organized a function on Friday, 28th July 2006 when professional counselling and talk on the subject "**Happy Living in the old age**" was presented by Sri. A.S.Shenoy (Counsellor and Management Consultant - JEEVITH SANTWAN) and was well received and appreciated by the participants.

ONAM, Kerala's grand festival was celebrated on 5th September 2006 with a variety of programmes. The floral decoration "**POOKALAM**" welcomed one and all who gathered on the auspicious occasion. The day long activities started in the morning with Lucky Dip and followed by games and music competitions. The huge response was so spontaneous that made the function as colourful as "**POOKALAM**".



A sumptuous feast, the traditional "**Ona Sadhya**" with mouthwatering dishes served on customary banana leaf was enjoyed by every person and made the whole function a memorable experience.

The monthly Satyanarayana Pujas are regular and inmates & well wishers participate in full strength for the blessing of the Lord for prosperity and well being of all.

2. Dr.Narmada & Dayanand Kamath Multipurpose Charitable Complex, Karnakodam.

The project is nearing completion and the complex is made ready and functional. The auspicious inauguration is scheduled on Thursday 4th January 2007 and our poojya **Kashi Mathadhipathi, H.H.Sreemad Sudhindra Theertha Swamiji** has kindly consented to grace this happy occasion. A meeting was held at the Complex on Tuesday 12th December 2006 at 5.00 PM to announce the inaugural day and also to chalk out modalities of the visit and the programme of our poojya Swamiji.

Samaj bandhavs from Karnakodam, well wishers and Trustees attended the meeting and took active interest in the proceedings. Our patron Sri. S. Prabhakar Prabhu briefed the gathering on the objective of Dr.Narmada & Dayanand Kamath Endowment and the Anugraha Charitable Trust's commitments on the same. Apart from **Poor Home**, this complex will also provide facilities for Socio, Religious and Cultural activities. The Complex is also equipped to conduct training for Self employment and seminars etc.

The Trust President, Sri. R.Bhaskar Shenoi briefed on the details of Swamiji's programme and the proposed Samaradhana thereafter at T.D.Temple, Karnakodam. He also requested for all support and co-operation from the members of the community for making this event a grand success. Satyanarayana Vrata will also be held at 6 p.m. on the same day.

Representatives from Sree Sudhindra Medical Mission, Dr.Padiyar Memorial Homoeopathic Medical College, Sree Sukrtheendra Oriental Research Institute, GSB Vikas Parishad and other community organizations of ours were present and actively participated in the proceedings. Sri R. Gopinath Naick welcomed and Sri C. S. Naick thanked the gathering for their lively participation.

3. Dr.Narmada & Dayanand Kamath Housing Complex, Cochin College Road, Pandikudi.



December 2006 - View of the building under constructions

The prestigious and unique housing project is on track and the construction work is fast progressing. When completed, this project can provide 38 deserving and eligible families with decent roof over their head and home for peaceful living. Selection procedures, Application format and Rules & Regulations for the day

to day administration have been finalised. Announcement for submitting the application will be made shortly in March'07.

4. Vidya Sahaya Nidhi

Anugraha reaches Kuzhupilly in Vypeen Island. More than 100 students from our community and Kudumbi's were provided with the study materials such as note books, writing pens and umbrellas for this academic year.



Sri N.R.R. Pai, Convenor, Construction Overseeing Committee distributing uniform to students.

A function was organized at Sri Balakrishna Kalamandir on 25th June 2006 at 4.00 PM under the joint auspices of Anugraha Charitable Trust, Ernakulam, Sri Balakrishna Devaswom, Kuzhupilly and Gowda Saraswath Seva Samithi, Kuzhupilly. Sree Balakrishna Devaswom President, Sri N G Jayaram Shenoy presided over the meeting. Sri.C Surendranath Naick, Trustee of Anugraha Charitable Trust, Sri. N R R Pai, Sri. Devanand Kamath, Sri K S V Shenoy and Sri Mohan Kumar Naick all

representing Anugraha Charitable Trust at Cochin spoke briefly on that occasion. K. G. S. S. Secretary Sri N V Sudhakaran coordinated the function. Students and parents were present in full strength and they greatly appreciated the efforts of the Trust.

Two girl students who really needed the financial support and deserving were sponsored for this year studies by Sri Ramesh R. Pai (General Manager of GMR Energy Ltd., Mangalore).

Sreevidhya N, II B.A. Economics

Sreepriya N Plus II

Trust is thankful to such sponsors and look forward more of such well wishers for the sponsorship.

Free Counselling / tuition is provided to two students at Bharatheeya Vidhya Bhavan (Kum. Umadevi and Master. Venugopal)

5. Arogya Sahaya Nidhi

Medicare Scheme is continued for the deserving people. Courtesy Dr.Sujatha (Homoeopath) who provides Consultation and Medicines to the needy poor. More than 150 people are cardholders in Mattancherry alone.

Recently we have extended the Medicare Scheme under Allopathic stream, courtesy Dr. Sasanga R. Prabhu, Sangeetha Nursing Home, Cherlai, Kochi 682002.

Two Ladies needed counselling / consultation and Dr. Jayaprakash of Kusumagiri Mental Hospital Kakkanad was kind enough to take care

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⇨ b/f page ...2

PRESIDENT'S DESK —————

Facilities include :

- Dormitories/ Rooms for providing free stay and food to more than 75 inmates.
- Spacious halls for recreation, cultural, religious and other social functions.
- Facilities for training under Self Employment Scheme and for conducting seminars and workshops.
- Radhakrishna Mandir and a Meditation centre.

For over six decades, Swamiji has been inspiring many a Samajbandhav to pay attention to the social cause as well as spiritual development of one's self.

As true followers of Swamiji, late Sri. A. Krishna Bhat, late Sri.Dayananand V. Kamath and his wife Dr.Narmada bequeathed everything for the cause and Anugraha Charitable Trust is fortunate to have unstinted support from their endowments.

It will be apt to recall Swamiji's Ashirvachan at the time of Bhoomipoojan Ceremony of Dr.Narmada and Dayanand Kamath Free Housing Complex, Pandikudi, Kochi on 23rd July 2005, **"It is not enough to only have resources for doing charity, but requires God's blessings to make oneself do Charity"**.

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of their problem. Our thanks to all those who help us and the community with their dedicated service.

6. Annadanam

This unique scheme provides daily free meals to deserving people in Mattancherry. Now 55 people are provided with facility. We appreciate those who participate in the scheme by feeding the poor on auspicious day of their near and dear departed souls.

7. Anugraha Kudumba (Family) Sanghamam

This get-together on Sunday 17th December 2006 is unique in many ways. Beneficiaries of various schemes such as Annadanam, Medicare, Vidya Sahaya Nidhi etc met together for the first time for this event. Well wishers of the Trust also attended this grand function.

After the prayers, Sri. S. Devanand Kamath welcomed the gathering at T D High School Diamond Jubilee Hall. Sri. S. Prabhakar Prabhu, delivered the keynote address. He highlighted the efforts made by the Trust for the benefit of our needy Samajabhandavs as envisaged by late Dr. Narmada & Dayanand Kamath. Sri R Bhaskar Shenoj, President enumerated good efforts of Anugraha and promised all help to supplement



Sri . R. Bhaskar Shenoj addressing the gathering on 17-12-06
L-R : Sri S. Devanand Kamath, Smt. Shyamala Prabhu, Sri. S. Prabhakar Prabhu, & Dr. V.R.Pai

activities of the Trust including the schemes which are presently implemented from the Corporation of Kochi.

Dr. V R Pai, Children Specialist, Sree Sudheendra Medical Mission had an interactive session with the gathering on the subject " Home-Hygiene and Common Ailments". The response from the audience was so good, it helped to change some old beliefs on preventive measures followed on common ills.

After vote of thanks, light refreshments were made available to all.



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PRESIDENT'S DESK _____

Let us all pray to get such blessings from Hari Guru and be part of our corporate motto "MANAV SEVA MADHAV SEVA".

It is in this context we laud the noble gesture of Smt. Sandhya Rajasekharan Thampuran and her husband Sri. Rajasekharan Thampuran, who sold their land to the Trust for a good cause.

I also cordially invite all Samaj bandhavs for the inaugural function on Thursday 4th January 2007 and to partake in the Samaradhana at the T D Temple Karnakodam thereafter. A Satyanarayana Vrata will also be conducted in the complex at 6pm on the same day.

There will be religious discourses by eminent personalities viz Prof. Thuravoor Viswambharan (05.01.07), Sri. P. Parameswaran (06.01.07), from 5 pm to 7 pm at NDMCC, Karnakodam.

R Bhaskar Shenoj

**Sandhyaji, Empathy
Thy Name**

Smt.Sandhya Rajasekharan Thampuran has donated a substantial amount to sponsor the space for Radha - Krishna Mandir in NDMCC project in memory of her beloved father late Sri A. Bhaskara Pai, S/o late Sri. Apparaya Pai, the original land lord. The Trust places its gratitude on record and prays for the welfare of Sandhyaji's family.

Programmes at NDMCC

04.01.07

11.30 am. - INAUGURATION

H.H. Sreemad Sudheendra Theertha Swamiji

01.15 pm. - **SAMARADHANA**

T.D. Temple, Karnakodam

06.00 pm. - **SATYANARAYANA VRATA**- NDMCC

05.01.07

05.30 pm. - **“DAANADARSHANAM- MAHABHARATHAM”**
(In Malayalam)

Prof. **Thuravoor Viswambharan**

06.01.07

05.30 pm. - **“SANATHANA DHARMA & MODERN LIFE”**
(In Malayalam) - Sri. **P. Parameswarji**

Kochin Area Committee Reconstituted

Board of Trustees are pleased to re-constitute the Area Committee to guide, monitor and improve various projects implemented in Mattanchery with members named below.

1) Sri S Devananda Kamath	Ph:2222947 (Res) / 3232614 (Off)	-	Convener
2) Sri B Jagannath Shenoy	9847050270, 2228551(Res) / 2667226 (Off)	-	Jt.Convener
3) Sri K S V Shenoy	9846821647	-	Member
4) Sri Mohan Kumar Naick	94470238/ 2211988 (Res) / 2223882 (Off)	-	Member
5) Sri Naveen R Pai	2229003	-	Member

Dr. Narmada Dayanand Kamath Senior Citizens' Home, Ernakulam

A Home away from Home, A secure, safe, hygienic, serene and healthy environment

A concept of our extended large family. A homogeneous GSB habitat.



- Living rooms with attached tiled bathrooms
- Homely Food - Konkani cuisine
- Hot & Cold water in rooms
- Secured environment.
- 5 Minutes walking distance to Temples, Railway Station, Bus Stop, Boat Jetty, Banks, Hospitals etc.



From top left : Main building in 15 cents of land with 16 rooms.

Quality rooms with Single & Double occupancy.

Glamour rooms for perfect satisfaction.

Bottom left : Common Dining and Drawing Room. Inmates relishing their food.

With best compliments from :



100% Hygienic Stainless Steel Sinks for Healthy Living

RAGHAV ENTERPRISES

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OMKAR

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